

Autumn Menu - Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink	Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink	Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink	Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink	Breakfast Choice of Cereal, breads, pancakes and fresh fruit Milk or Water to Drink
Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water	Morning Snack Under 2's Fresh Fruit Milk or Water to Drink Over 2's Rolling Snack with Fresh Fruit, and Milk or Water
Dinner Toad in the hole, with Mash Potato, parsnips and gravy OR Quorn Chicken Stew with Boiled Potatoes Pudding Carrot Cake Water to Drink	Dinner Jacket Potatoes, Grated Cheese and Baked Beans OR Creamy Tofu and Mushroom Stroganoff, with Fusilli Pasta Pudding Blueberry Muffins Water to Drink	Dinner Vegetable Fingers, Sweet Potato and Courgettes OR Chicken Fajitas with Peppers and Rice Pudding Pineapple Upside Down Cake Water to Drink	Dinner Quorn Chicken Burger, waffles and Broccoli OR Salmon and Broccoli Pasta, with Garlic Dough Balls Pudding Berries and Yoghurt Water to Drink	Dinner Vegetable Curry, Rice and Naan OR Rosemary and Lemon Chicken, with Roasted Potatoes and Vegetables Pudding Apple and Butterscotch Sponge Water to Drink

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<p style="text-align: center;">Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;">Over 2's Rolling Snack with Fresh Fruit, and Milk or Water</p>	<p style="text-align: center;">Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;">Over 2's Rolling Snack with Fresh Fruit, and Milk or Water</p>	<p style="text-align: center;">Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;">Over 2's Rolling Snack with Fresh Fruit, and Milk or Water</p>	<p style="text-align: center;">Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;">Over 2's Rolling Snack with Fresh Fruit, and Milk or Water</p>	<p style="text-align: center;">Afternoon Snack Under 2's Fresh Fruit Milk or Water to Drink</p> <p style="text-align: center;">Over 2's Rolling Snack with Fresh Fruit, and Milk or Water</p>
<p style="text-align: center;">Tea</p> <p style="text-align: center;">Ham and Salad Wholemeal Rolls with Crisps</p> <p style="text-align: center;">Pudding</p> <p style="text-align: center;">Fresh Fruit and Yoghurt</p> <p style="text-align: center;">Water to Drink</p>	<p style="text-align: center;">Tea</p> <p style="text-align: center;">Tomato Soup with Wholemeal Rolls</p> <p style="text-align: center;">Pudding</p> <p style="text-align: center;">Fresh Fruit and Yoghurt</p> <p style="text-align: center;">Water to Drink</p>	<p style="text-align: center;">Tea</p> <p style="text-align: center;">Cheese on Toast and Mixed Salad</p> <p style="text-align: center;">Pudding</p> <p style="text-align: center;">Fresh Fruit and Yoghurt</p> <p style="text-align: center;">Water to Drink</p>	<p style="text-align: center;">Tea</p> <p style="text-align: center;">Pitta Bread, with Hummus and Mixed Salad</p> <p style="text-align: center;">Pudding</p> <p style="text-align: center;">Fresh Fruit and Yoghurt</p> <p style="text-align: center;">Water to Drink</p>	<p style="text-align: center;">Tea</p> <p style="text-align: center;">Chapattis with Yoghurt and Cucumber Sticks</p> <p style="text-align: center;">Pudding</p> <p style="text-align: center;">Fresh Fruit</p> <p style="text-align: center;">Water to Drink</p>