

## Winter Menu - Week Four

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink	<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink	<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink	<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink	<b>Breakfast</b>  Choice of Cereal, breads, pancakes and fresh fruit  Milk or Water to Drink
<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Morning Snack Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water
<b>Dinner</b>  <b>Sausage, Apple and Onion Pie with Broccoli</b>  <b>OR</b> Tuna and Sweet corn Pasta Bake <b>Pudding</b>  Baked Cinnamon Apples  Water to Drink	<b>Dinner</b>  <b>Steak Fajita Wraps and Rice</b>  <b>OR</b> Roast Chicken Dinner with Gravy, Yorkshire Puddings and Cranberry Sauce <b>Pudding</b>  Raspberry Muffins  Water to Drink	<b>Dinner</b>  <b>Lasagne, with peas and Garlic bread</b>  <b>OR</b> Quorn Sausages, Mash Potato, Peas and Gravy <b>Pudding</b>  Cranberry Biscuits  Water to Drink	<b>Dinner</b>  <b>Fish Fingers, Potato Wedges, and Sweetcorn</b>  <b>OR</b> Quorn Steak and Onion Pie with Potato Wedges <b>Pudding</b>  Blackberry and Apple Slice  Water to Drink	<b>Dinner</b>  <b>Sweet and Sour Chicken and Rice</b>  <b>OR</b> Stuffed Baked Potatoes with Carrots <b>Pudding</b>  Fresh Fruit and Yoghurt  Water to Drink

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<b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water	<b>Afternoon Snack</b> <b>Under 2's</b> Fresh Fruit Milk or Water to Drink <b>Over 2's</b> Rolling Snack with Fresh Fruit, and Milk or Water
<b>Tea</b>  Crackers with cream cheese and Mixed Salad  <b>Pudding</b>  Fresh Fruit and Yoghurt  Water to Drink	<b>Tea</b>  Chicken and Salad Wholemeal Rolls with Crisps  <b>Pudding</b>  Fresh Fruit and Yoghurt  Water to Drink	<b>Tea</b>  Cheese and Ham Mini Pizza's and Mixed Salad  <b>Pudding</b>  Fresh Fruit and Yoghurt  Water to Drink	<b>Tea</b>  Potato Cakes and Baked Beans  <b>Pudding</b>  Fresh Fruit and Yoghurt  Water to Drink	<b>Tea</b>  Sweet Potato and Squash Soup with Wholemeal Rolls  <b>Pudding</b>  Fresh Fruit and Yoghurt  Water to Drink

**Please make sure all items and ingredients needed are put on the shopping list the week before.**

**The shopping list must be completed by Wednesday evening at the latest for the following week.**

**Please remind staff that they must put their cooking ingredients on the shopping list for the following week.**